

Personal, Social, Health and Economic Education (PSHE)

Personal, Social and Health and Economic Education (PSHE) is an important part of Prettygate School's curriculum. Within this subject, children develop positive relationships with themselves and others, and learn to nurture their physical and mental health. We provide children with relevant learning opportunities to improve their resilience and understand their emotions. A key part of PSHE lessons is mindfulness, which stimulates children's concentration and focus. Each year group has their own class mascot, which reinforces the consistent approach used throughout the school. Our mascots allow children to share their feelings and ideas in a non-judgemental environment. Children will leave Prettygate Schools well-rounded and ready to approach our ever-changing world positively.

